



YANTRA

2026

AN INTERNATIONAL CONFERENCE

Yoga and Ayurveda in Neurosciences
Therapeutics and Research
Approaches

29 – 30 OCTOBER 2026

CONVENTION CENTRE, NIMHANS, BENGALURU

CONFERENCE SCHEDULE

Department of Integrative Medicine, NIMHANS



DAY -1	29 OCTOBER 2026, THURSDAY		
9.00 - 10.00 AM	INAUGURATION		
10.00 - 10:30 AM	KEYNOTE ADDRESS		VD Rajesh Kotecha (Ministry of AYUSH), Dr M Srinivas (NITI Aayog)
10:30 -11:00 AM	TEA BREAK		
11:00 AM - 12:30 PM	PANEL DISCUSSION		POLICYMAKERS, FUNDING AGENCIES AND RESEARCH IN INTEGRATIVE MEDICINE Dr Kousthubha Upadhyaya (Ministry of AYUSH), Dr Geethakrishnan (WHO), Dr Manisha Kothekkar (NCISM), Dr Rabinarayan Acharya (CCRAS), Dr Ruchi Singh (ICMR), Dr Kashinath Samagandi(AIIA) CHAIRPERSON: Prof. Dr. D Nagaraja (Former Director NIMHANS) Lt. Col. Dr. Madhuri kanitkar (Former Vice-Chancellor, MUHS)
1:00 - 2:00 PM	LUNCH BREAK/ POSTER PRESENTATIONS		
EVIDENCE FROM PUBLIC HEALTH RESEARCH			
2:00 - 3 :00 PM	PLENARY	INTEGRATIVE MEDICINE FOR PUBLIC MENTAL HEALTH: A NIMHANS INITIATIVE (NAMAN, YES, CCIM) Dr. BN Gangadhar (Distinguished AYUSH Chair) CHAIRPERSON: Dr. Smita Deshpande (St. Johns Medical College)	
3:00 - 4:00 PM	PARALLEL SYMPOSIUM	SVYASA INITIATIVES IN PUBLIC HEALTH TBD* CHAIRPERSON: Dr Manjunath (SVYASA)	
		INTEGRATIVE INITIATIVES IN AIIMS Speaker 1 Dr Naveen (AIIMS, Jodhpur) Dr Monica Pathania (AIIMS, Rishikesh) CHAIRPERSON: TBD*	
		YOGA, AYURVEDA AND PUBLIC HEALTH Dr. Rahul Shidhaye (Pravara Institute of Medical Sciences, Ahmednagar) Dr Sarika Chaturvedi (DY Patil Vidhyapeeth, Pune) TBD* CHAIRPERSON: Dr Kishore Patwardhan (Banaras Hindu University)	
4:00 - 04:15 PM	TEA BREAK		
04:30 - 06:00 PM	Oral Paper Presentations		
06:30 onwards	CULTURALS FOLLOWED BY GALA DINNER		



DAY-2		30 OCTOBER 2026, THURSDAY	
EVIDENCE FROM CLINICAL RESEARCH			
9:00 - 10 :00 PM	PANEL DISCUSSION	INTEGRATIVE CLINICAL SERVICES : CURRENT TRENDS AND CHALLENGES Dr Sanjeev Rastogi (State Ayurvedic College and Hospital, University of Lucknow) Dr Kishore Kumar R (NIMHANS) Dr Manohar S Gundeti (RRA-CARI, Mumbai) TBD* CHAIRPERSON: Dr. Shivarama Varambally (NIMHANS)	
10:00 - 11:00 PM	PLENARY	IMAGING AND INTEGRATIVE MEDICINE Dr Balachunder Subramaniam (Havard, USA) Dr Bharath Holla (NIMHANS) CHAIRPERSON: Dr Ganesan Venkatasubramanian (NIMHANS)	
11:00 - 11:15 PM	TEA BREAK		
11:15- 12:30 PM	PARALLEL SYMPOSIUM	INTEGRATIVE CLINICAL RESEARCH IN NEUROLOGY Dr Neetina patil (CIMR, MAHE, Manipal) Dr Rohan Mahale (NIMHANS) Dr Hemant (NIMHANS) CHAIRPERSON: Dr Archana Purushottom (Houston, Texas)	
		INTEGRATIVE INITIATIVES IN CCRAS TBD* Dr Shubashree (CARI, Bengaluru) TBD* CHAIRPERSON: Dr Sulochana (CARI, Bengaluru)	
		INTEGRATIVE CLINICAL RESEARCH IN MENTAL HEALTH Dr Basavaraj Tubaki (KLE, Belgaum) Dr Nishitha Jasthi (NIMHANS) Dr Sangeeta S (NIMHANS) CHAIRPERSON: Dr Srinibash Sahoo (CARI, Thiruvananthapuram)	
12:30-1:00 pm	PANEL DISCUSSION	INTEGRATIVE MEDICINE FOR GLOBAL HEALTH CARE: EVIDENCE, OPPORTUNITIES & CHALLENGES Dr. Antonio Morandi (Ayurvedic Point – Institute and School of Ayurvedic Medicine, Milan, Italy.) Dr KAH Mirza (University of Hertfordshire, London, UK) Dr Reinhard Bogle (Vocational Training Yoga Forum, Munich) Dr Alex Hankey (MIT World Peace University & SVYASA) CHAIRPERSON: Dr. Shivarama Varambally (NIMHANS)	
EVIDENCE FROM BASIC SCIENCE RESEARCH			
1:00 - 02:00 PM	LUNCH BREAK		
02:00-03:00 PM	PARALLEL SYMPOSIUM	ROLE OF GENOMICS IN AYURVEDIC PHENOTYPING AND ITS TRANSLATIONAL IMPLICATION Dr BK Thelma (University of Delhi) TBD* TBD* CHAIRPERSON: Dr Akshay Anand (PGI, Chandigarh)	
		BASIC SCIENCE RESEARCH IN AYURVEDA Dr Ashwini Godbole (TDU, Bengaluru) Dr Supriya Bhale Rao (IRSHA, Bharati Vidyapeeth, Pune) Dr Asmita Wele (National Institute of Complementary Medicine, Pune) CHAIRPERSON: Dr Sharmila Mande (AYUSH Distinguished Scientist Chair)	
		DRUG DEVELOPMENT IN AYURVEDA Dr S Srikanta (Samatvam Diabetes Endocrinology and Medical Center) Dr Hrishikesh Damble (Atrimed) Dr Padmanabhan (NIMHANS) CHAIRPERSON: Dr B. Ravishankar (All India Institute of Ayurveda, Delhi)	
03:00 - 4:00 PM	PLENARY	INTEGRATIVE INITIATIVES IN CCRYN TBD* CHAIRPERSON: TBD*	
04:00 - 5:00 PM	VALEDICTORY		

TBD*: Speaker confirmations are currently awaited.



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