



YANTRA 2026 – An International Conference

Yoga & Ayurveda in Neurosciences: Therapeutics & Research Approaches
NIMHANS, Bengaluru
29th-30th October 2026



Guidelines for abstract submission

ORAL-PAPER & POSTER

General Guidelines:

- Each delegate is permitted to submit only one abstract as the presenting author under one of the following themes: Integrative Evidence from Public Health, Clinical Research, or Basic Science Research.
- However, a delegate may be listed as a co-author on multiple abstracts submitted by others.
- The Scientific Committee will determine the mode of presentation (oral or poster) based on the scientific merit of the submission.
- Abstracts must be structured and include the following sections: Background, Aims, Methods, Results, and Conclusion. The abstract must not exceed 250 words.
- The presenting author, who is also the abstract submitter, will serve as the primary contact for all correspondence related to the presentation.
- Please do not include figures, tables, or graphs in the abstract.
- Use only generic names for drugs and yoga practices.
- Abstracts must be submitted exclusively through the conference website.
- Studies that have been previously presented at national or international conferences or published as articles are not eligible. If the study has been presented at a local conference, this must be disclosed.
- For original research, results must be included in the abstract at the time of submission.
- Acceptance of an abstract for presentation is contingent upon the presenting author's confirmed conference registration.
- Selected abstracts may be included in the conference proceedings.
- The Scientific Committee reserves the right to allocate presentation time and to change the mode of presentation, if necessary.
- Awards will be presented for the best oral and poster presentations.



YANTRA 2026 – An International Conference

Yoga & Ayurveda in Neurosciences: Therapeutics & Research Approaches
NIMHANS, Bengaluru
29th-30th October 2026



Guidelines for abstract submission

ORAL-PAPER & POSTER

Guidelines about the Content:

- Submissions should align with the conference's theme of integrating Ayurveda, Yoga, and Modern Medicine.
- Focus on conditions related to Mental Health and Neurosciences for your submissions.
- Integration can be explored across all levels, including evaluation, inference, and management.
- We encourage content that encompasses domains like training and research in integrative medicine also.
- Given the multidisciplinary audience, please ensure that the content is comprehensible and relevant to practitioners from Ayurveda, Yoga, and modern medicine.

Conflict of Interest Disclosure:

- All authors are required to disclose any financial or personal relationships that could be perceived as potential conflicts of interest related to the submitted abstract.
- The disclosure should be concise and specific, detailing any financial interest or benefit that has come from the commercial organizations, equipment manufacturers, or pharmaceutical companies related to the subject matter of the study.
- If there is no conflict of interest, authors should state "The authors declare no potential conflicts of interest."
- The presenting author is responsible for collecting and reporting the disclosures of all co-authors.

Eligibility:

- Students, faculty members, practitioners, and scientists are eligible to submit abstracts.

*****@@@@*****