

OPPORTUNITY TO PARTICIPATE

ORAL PRESENTATION
&
POSTER PRESENTATION

QUIZ COMPETITION

WATCH OUT FOR DEADLINES!!

CATEGORY	DEADLINES
ABSTRACTS	10.09.2026
EARLY BIRD REGISTRATIONS	30.09.2026
QUIZ	30.09.2026

CATEGORY	FEES
STUDENTS	₹ 2000/-
FACULTY/ CONSULTANTS	₹3000/-
PRECONFERENCE WORKSHOP	₹500/-



Want to know more?

CONTACT US NOW

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YANTRA is a global forum dedicated to showcasing rigorous research on the neurobiological mechanisms of AYUSH, establishing ethical frameworks for its integration into modern healthcare, and uniting multidisciplinary experts to advance brain health & neurosciences.



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www.yantranimhans.in



Scan for further details



THEME:
**Evidence in Integrative
Medicine**

Date: 29th & 30th, October 2026

Venue: Convention Centre, NIMHANS, Bangalore

**YANTRA
2026**

**Yoga & Ayurveda in
Neurosciences:
Therapeutics & Research
Approaches: An
International Conference**

Department of Integrative Medicine,
National Institute of Mental Health &
Neurosciences



Academic partner

Student partner



YANTRA-AT A GLANCE

YANTRA 2026 aims to

- Showcase rigorous research in Yoga and Ayurveda relevant to neuroscience.
- Explore their applications in psychiatric and neurological disorders within integrative models of care.
- Examine neurobiological and psychophysiological mechanisms underlying these interventions.
- Discuss research methodologies, biomarkers, and translational approaches in integrative neuroscience.
- Promote ethical, safe, and evidence-informed integration of traditional systems into modern healthcare.

The conference will provide a national and international platform for AYUSH researchers, clinicians, neuroscientists, psychiatrists, neurologists, and public health professionals to exchange knowledge and critically evaluate evidence in integrative healthcare.

YANTRA is the flagship conference of the Department of Integrative Medicine, NIMHANS. It reflects the institute's commitment to advancing evidence-based research and fostering dialogue between traditional systems of medicine and contemporary biomedical science.

ORGANISING SECRETARY
Dr. Kishore Kumar R

PROGRAMME SCHEDULE

Pre-conference workshop
28.10.2026

Workshop on Mind body medicine

Dr. Sanjay Phadke

Dr. Reinhard Bogle

Workshop on Indian Knowledge Systems in social sciences

Dr. Matcheri Keshavan , Dr. Jyotsna,

Dr. Aarti Jagannathan

SUB-THEMES

- Evidence from Public Health
- Evidence from Clinical Research
- Evidence from Basic Science

KEY SPEAKERS

Dr BN Gangadhar
Distinguished AYUSH Chair

Dr Antonio Morandi
Director, School of Ayurvedic & Integrative Medicine

Dr Kishore Patwardhan
Professor, Faculty of Ayurveda, IMS, BHU

Dr Manohar S Gundeti
Research Officer,
RRA Podar Central Ayurveda Research
Institute Mumbai (CCRAS)

Dr. Ravishankar
Advisor, Central council for research in Ayurvedic
Sciences

Dr. Ramesh Bhat
Director, Acharya Shushruta Healthcare, Bangalore

Dr Kashinath Samagandhi
Director, Morarji Desai National Institute of Yoga

Dr. Asmita Wele
Professor, Dr. D. Y. Patil College of Ayurved and
Research Center, DPU Pune

Dr Naveen KH
Additional Professor, AIIMS Jodhpur

Dr Monika Pathania
Professor, AIIMS, Rishikesh

Dr. Supriya Bhalerao
Associate Professor, Bharati Vidyapeeth (Deemed to be
University), Pune.



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More speakers to be
announced shortly!
Visit www.yantranimhans.in
for further details.

